



MENTAL HEALTH AND WELLNESS UPDATE

Three Year Recap

October 23, 2024

Heather Chamberlin-Scholle, Ph.D., LCSW
Director, Mental Health and Wellness Services

Mental Health and Wellness Growth

- Gained new funding sources and established the Mental Health and Wellness Department
- Expanded services to all school sites and grade spans
- Increased partnerships with universities
- Brought Additional Services in-house
 - Collaborative Education Services
 - Specialty Mental Health Provider
- Sustainability-Comprehensive Youth Behavioral Health Initiative

GRANT FUNDING 2024-2025

California Youth Behavioral Health Initiative

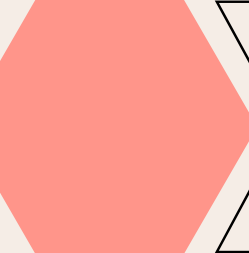
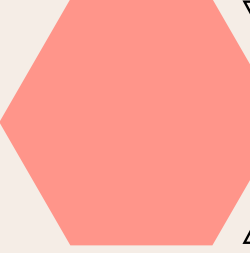
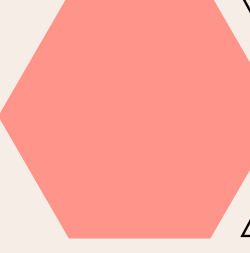
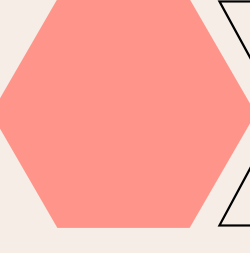
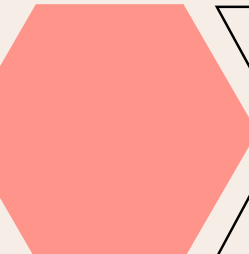



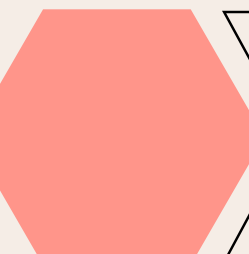
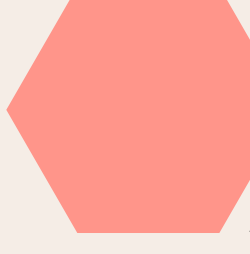


School Based Mental Health Grant

Prevention Early Intervention

Wellness Grant

STAFFING



 Director	 Mental Health Clinician II 3	 School Counselor 1	 Interns 36
 Facilitator	 Mental Health Clinician I 12	 School Psychologist 1	 Administrative Assistant
 Senior Mental Health Clinician 4	 Mental Health Associates 30	 Social Worker 1	 .20 HR Technician



High School Wellness Services

01

Walk-in services

02

Request an appointment

03

Ongoing individual therapy

04

Ongoing small group therapy

05

Classroom presentations

06

School-wide events

High School Student Participation

SERVICES PROVIDED	2021-2022	2022-2023	2023-2024
Walk-in Services	*8,766	*13,252	*10,672
Request an Appointment	n/a	256	142
Individual Therapy	118	404	434
Workshops/Group Therapy	*1,428	66	318
Classroom Presentations	*1,944	*4,017	*3,317
School-wide Events	*3,719	*24,368	*24,798

*Duplicated Student Count

Middle School Wellness Services

- **Individual Therapy**
- **Group Therapy**
- **Lunch Bunch Activities**



Middle School Student Participation

SERVICES	2021-2022	2022-2023	2023-2024
Individual Therapy	48	104	163
Group Therapy	123	66	31
Lunch Bunch Activities/Visits	n/a	311/3,930	347/5,037

Elementary Wellness Services (January-June 2024)

- 178 Elementary students received individual therapy**
- 89 Requested support (School site staff requested in the moment student support)**



University Partnerships Over Time

Year	Total Number of Universities
2021-2022	6
2022-2023	13
2023-2024	18

Current University Partners

Antioch University, Los Angeles

Antioch University, Santa Barbara

Azusa Pacific

Cal Baptist University

California Lutheran University

CSU Long Beach

CSU Northridge MSW Program

California Southern University

Grand Canyon University

National University

Pacific Oaks College

Pacifica Graduate Institute

Pepperdine University

Phillips Graduate Institute

University of Southern California

University of Texas Arlington

Collaborative Education Services In-House

PROVIDER	2021-2022	2022-2023	2023-2024
Aspiranet Provider	43	23	3
CVUSD Provider	0	9	49

Moving Toward Sustainability

Children and Youth Behavioral Health Initiative (CYBHI)

Managed by the California Health and Human Services Agency

\$4 billion State initiative to improve health care systems for children, teens and their families

Goal is to integrate service delivery capitalizing on meeting children where they are

Barriers are removed by using schools and college campuses as service delivery locations

CYBHI and Current Billing System Comparison

CYBHI

- **Covers all students**
- **Medi-Cal and private plan reimbursement**
- **Reimbursement through single entity**
- **Capacity grant to build infrastructure that is compatible with Q**

Current Medi-Cal

- **Covers students with disabilities with services on IEPs**
- **Medi-Cal reimbursement only**
- **Reimbursement delays**
- **Districts leave monies on the table due to reimbursement delays**

CYBHI

Four Areas of Focus



01

Workforce
training and
capacity



02

Behavioral health
ecosystem
infrastructure



03

Coverage
pathways to access
behavioral health
services



04

Public awareness to
reduce stigma and
raise awareness
around emotional,
mental and
behavioral health



Strategic Areas

The Children and Youth Behavioral Health Initiative is managed by the California Heal...

cybhi.chhs.ca.gov

CYBHI and CVUSD

- **School districts will be eligible to bill Medi-Cal and private insurance for services delivered on school campuses.**
- **VCOE-\$7.5 million for infrastructure including: integrating systems, billing, privacy protections and documentation**
- **The state statute (W&I Code section 5961.4) requires commercial health plans and the Medi-Cal delivery system, as applicable, to reimburse, at or above the published rates, these school-linked providers, regardless of network provider status, for services furnished to students pursuant to the fee schedule. Further, services provided as part of the fee schedule shall not be subject to copayment, coinsurance, deductible, or any other form of cost sharing.**
- **CYBHI Fee Schedule Scope of Service Rates and Codes Draft**

The image features a soft, watercolor-style background. A large, irregular green circle is centered on the page, containing the text "THANK YOU" in a dark, serif font. The text is arranged in two lines: "THANK" on top and "YOU" below it. The background is composed of various watercolor washes in shades of green, blue, and orange, creating a textured and artistic feel. The overall composition is balanced and visually appealing.

THANK
YOU